



## Awaken Your Face With Our New Peppermint Glow Facial Treatment!

**Deep Cleansing Is Essential To  
Keeping Your Skin Looking And  
Feeling Its Best!**



### **Step 1: Cleanse**

We start by cleansing your face with a gentle orange blossom facial wash and rinse with lukewarm water.

### **Step 2: Purifying Toner**

We then use a purifying toner which removes any impurities from your skin, minimizes shine and reduces the appearance of pores. Pure frankincense, sandalwood and peppermint essential oils found in this blend will help to soothe, revitalize and energize the skin.

### **Step 3: Exfoliate**

It is also beneficial to smooth the skin's surface so the purpose of gently exfoliating the skin is to remove the build-up of dead skin cells that causes breakouts. Also, we want to smooth the skin's surface so your treatment products can be absorbed more evenly. We will apply a gentle Peppermint Satin Facial Scrub with a revolutionary formula of jojoba beads and other natural ingredients.

### **Step 4: Hot Towel Application**

One of the most relaxing parts of a spa facial occurs when a hot, moist towel is carefully draped over the face and left for several minutes. This practice, first used by barbers to prepare facial hair for the subsequent shaving ritual, was integrated into many spa facials as an alternative to steam. The mixture of heat and moisture provides an almost decadent sense of relaxation while loosening dead skin cells and dirt from the skin's surface.

### **Step 5: Revitalize with Essential Oil Beauty Serums**

Depending on your skin type we will apply one of our beauty serums. Those concerned with correcting and repairing troubled skin and especially those with excessively dry, oily, or acne-prone skin types will thoroughly enjoy this step.

### **Step 6: Apply Moist Warm Towel**

A moist warm towel will help to penetrate the beauty serum in faster and deeper to further enhance the healing properties.

### **Step 7: Cool Towel Rinse**

The cool towel rinse is beneficial in closing pores, making blood vessels constrict, making blood vessels constrict and aids to reduce swelling & appearance of under eye dark circles.

### **Step 8: Moisturize with Facial Massage**

Moisturizing your skin is critical to maintaining young and healthy looking skin. We use an ultra-hydrating Sandalwood Moisture Cream containing MSM... a naturally occurring, plant-based chemical which softens skin and promotes elasticity. We stimulate trigger points during the facial massage relaxing the muscles, helping wrinkles disappear and increasing circulation to improve the complexion.

### **Step 9: Feel Amazing**

Enjoy the rest of your day after your relaxing Peppermint Glow Facial Treatment!

