



Essential Oil Class

Led by Carol Raitt

Learn the history of organic therapeutic grade essential oils for Physical, Emotional and Spiritual well-being! Essential Oils from the earliest days on earth, our ancestors used the fragrant plants to heal, uplift, anoint, and empower their lives. One drop can carry as bio-chemically complex a message as a food or a medicine: It can stimulate our immune activity, open our lungs, enhance our hearing, ease tired & achy muscles, improve flexibility and so much more. *We use only the highest quality of therapeutic grade essential oils made by Young Living!

Covering Topics:

- The history of Essential Oils
- Learning the basics
- Prevention of illness
- Eliminating mold problems
- Cleaning
- Facial rejuvenation
- Cooking
- Longevity



Please contact Carol at 905-628-9123 to secure your spot!

Cost: \$20.00 per/person + HST

- A 50% deposit is required one week prior to class dates
- All cancellation notices of less than 48 hours will result in the loss of your deposit
- Cancellation notices should be sent via email to divinetime@sympatico.ca or verbally with Carol at the above number