



Balancing Chakras using Essential Oils

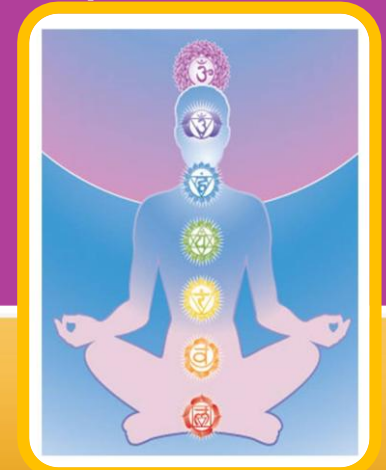
Led by Carol Raitt

Spaces are limited... Please Pre-Register!

The fragrant molecules of pure essential plant oils have been with us since our beginning. They "speak" to us of the essence of life and the way to be in harmony with it. They re-connect us with nature's holistic design for wellness, in body, mind, and spirit. They put the power of wellness in our own hands, lift our spirits and help to open our hearts. They teach us to breathe, relax, and reach out to other people. That's why we need them now...possibly more than ever. The following workshop offers a basic reference on how to use essential oils for activating and balancing the energy centers—chakras—of the body.

Perfect introductory class for those who would like to have a basic understanding of the chakra system and perfect for those who want to enhance the quality of their Reiki Treatments!!

This will be a hands on class using the coordinating essential oils to balance and activate the energy centers. Take home notes will also be provided.



Please contact Carol at 905-628-9123 to secure your spot!

Cost: \$35.00 per/person + HST

- A 50% deposit is required one week prior to class dates
- All cancellation notices of less than 48 hours will result in the loss of your deposit
- Cancellation notices should be sent via email to divinetime@sympatico.ca or verbally with Carol at the above number.